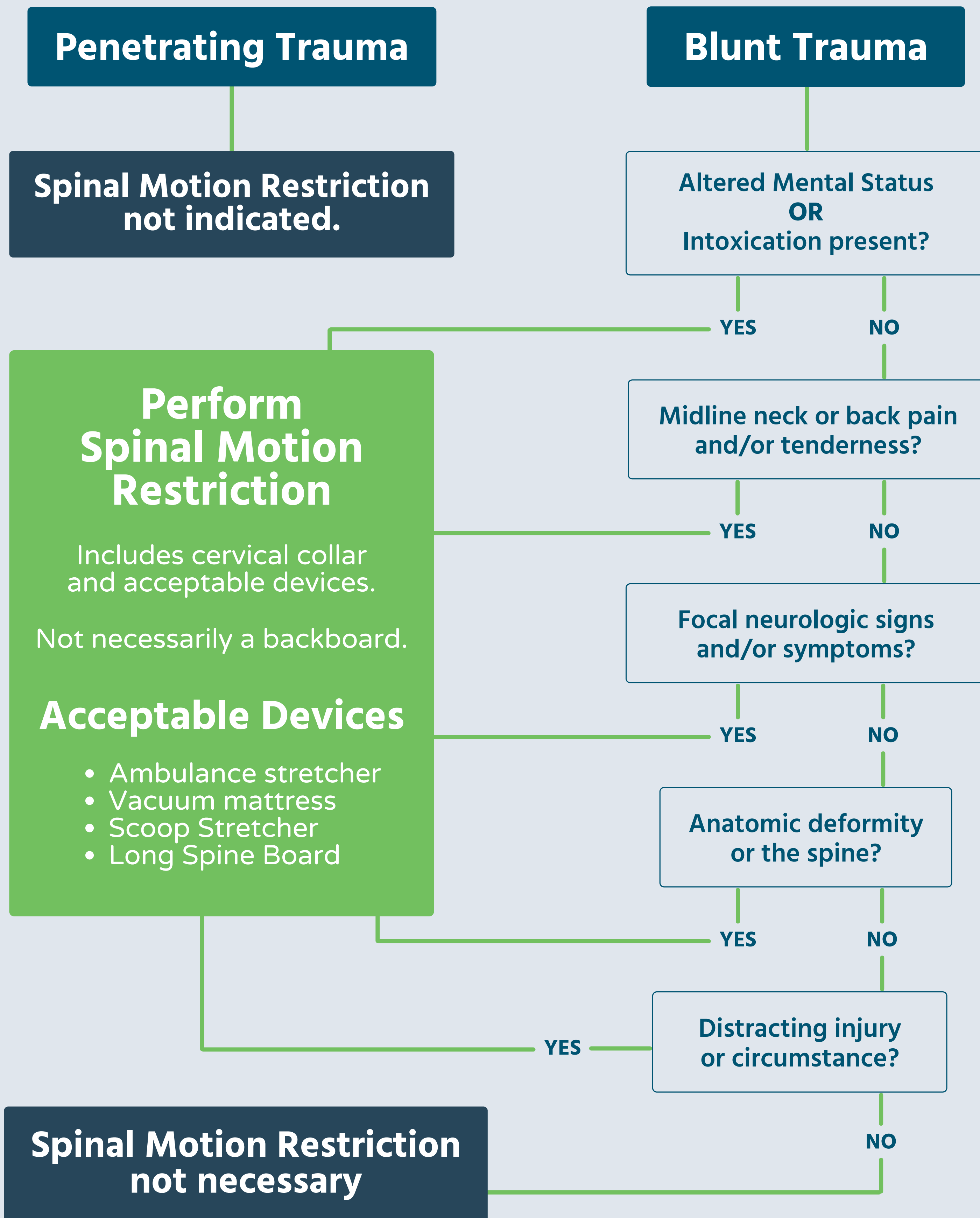




Spinal Motion Restriction - Assessment

based on ACS/ACEP/NAEMSP position statement 2018*



* Peter E. Fischer, Debra G. Perina, Theodore R. Delbridge, Mary E. Fallat, Jeffrey P. Salomone, Jimm Dodd, Eileen M. Bulger & Mark L. Gestring (2018)
Spinal Motion Restriction in the Trauma Patient – A Joint Position Statement, Prehospital Emergency Care, DOI: 10.1080/10903127.2018.1481476

Spinal Motion Restriction - Application

based on ACS/ACEP/NAEMSP position statement 2018*

Spinal Motion Restriction Is Indicated

Direct patient to limit spine movement

Apply cervical collar

Patient Position

Always follow local protocols

Standing

Guide patient to carefully sit then recline on ambulance stretcher

Seated (automobile)

Guide and lower patient to long spine board

Long Transport

Remove patient from board with minimal spinal movement

Short Transport

Patient may remain on board

Secure patient to stretcher

Transport

Supine

Assemble scoop stretcher under patient

Move patient to ambulance stretcher and remove scoop

When Choosing Devices and Transportation Methods Consider:

POSITIONING

Bariatric
Respiratory Distress
Pregnancy

LONG TRANSPORT

Use a more comfortable device or remove patient from device and use stretcher as SMR

SHORT TRANSPORT

May keep patient on device or use a more comfortable device (vacuum mattress)